

Make up classes

Make up privileges are allowed for missed classes/points due to absences from school, medical excuses, forgetting a change of clothes, excused absences from class or a reason the teacher may accept. To receive full credit, students must make up any of this missed Physical Education Classes/Times, EXCEPT those missed because of a medical excuse by a doctor. Students with longer-term medicals may receive an M as a grade. Lost points due to tardiness, lack of effort or behavioral reasons are NOT subject to make up.

**Westerly Middle School PE Make-up Form
Grades 5-8**

Mrs. Ward Mr. Way Mr. Toscano Mrs. Croteau

Physical Education is a participation class. The goal of make-up work is to help the student achieve the desired benefits that physical activity affords. In order to make up an absence, an unexcused medical condition, or not having proper PE clothes, the student must complete the following:

- **Receive parental permission before beginning activity**
 - **Activity is conducted under adult supervision**
- **At least 30 minutes of continuous and vigorous activity**
 - **One make-up form is allowed per day**
 - **A parent or an adult instructor signs this form**
 - **A limit of three forms for having no PE clothes**

**Suggested Activities – use standard safety:
team sports, swimming, gymnastics, dance, biking, martial arts, jogging, treadmill, yoga, tennis, golf, video workout, jumping rope, cheerleading...others...**

Student Name: _____

Team Name: _____

PE Teacher: _____

Description of activity

Parent/Guardian/Coach/Instructor Signature
