

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
Tuesday, March 22, 2022

4:30 PM

Join Zoom Meeting
<https://us02web.zoom.us/j/85309498252>

MINUTES

1. Call to Order
D. Bowdy called the meeting to order at 4:30 p.m. Present in addition to D. Bowdy were A. Storey, D. Acker, S. Adams, A. Goethals, C. Howard, H. Kane, S. Ljunberg, J. Perrin, K. West, A. Brayman, L. Cugini, W. Dey, B. Ferrol, A. Gervasini, C. Speranza, M. Herard, K. Wetherill.
2. Approval of Minutes from 1-18-22
A. Storey made a motion to approve the minutes, seconded by J. Perrin. The motion passed unanimously.
3. Public Comment
No one came forward.
4. Food Service Report
M. Herard discussed meals no longer being free to all students come September, limited time menu options which was a Korean theme and that supply chain continues to be an issue.
5. Westerly Prevention and Wellness Partnership Report
No report
6. Old Business
 - a. Project Aware Grant Update
Katelyn Wagner and Brian Horton gave an overview of the grant, including goals and partnerships with local agencies.
7. New Business
 - a. Health & Wellness Subcommittee Membership
D. Bowdy expressed her appreciation for all past and new members. The subcommittee gained 12 new members who are a mixture of parents and health and wellness professionals.

- b. Take a Break Video
Kate Leach School reviewed the Take a Break video which focuses on social emotional learning and zones of regulation.
 - c. Immunization rates
J. Perrin briefly discussed state requirements, reporting and immunization percentages at each school.
8. Future Agenda Items
The subcommittee will start planning agenda items based on the feedback from the January meeting.
K. Wetherill mentioned a couple of professional development opportunities and informational programs.
9. Other
A. Storey shared with the subcommittee that on March 24th there would be an event called “More than Sad”. The event is a virtual program about teaching parents and educators how to recognize mental health concerns and how to help.
10. Adjournment
J. Perrin made a motion to adjourn at 5:24 pm, seconded by L. Cugini. The motion passed unanimously.

Respectfully submitted,



Diane Chiaradio Bowdy, Chair
Health & Wellness Subcommittee