

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
Tuesday, January 18, 2022
4:30 PM

Join Zoom Meeting
<https://us02web.zoom.us/j/85362412046>

MINUTES

1. Call to Order
D. Bowdy called the meeting to order at 4:31 p.m. Present in addition to D. Bowdy were A. Storey, C. Speranza, J. Perrin, M. Chicas, M. Ogle, M. Herard, S. Ljungberg, K. Wetherill, A. Doescher, K. West, and G. Price.
2. Approval of Minutes from 11-9-21
A. Storey made a motion to approve the minutes, seconded by M. Chicas. The motion passed unanimously.
3. Public Comment
No one came forward.
4. Food Service Report
M. Herard mentioned the schools are getting local apples from Geer Farm and they are trying out promotional and limited time menu options at WMS and WHS.
5. Westerly Prevention and Wellness Partnership Report
No report
6. Old Business
None
7. New Business
None
8. Future Agenda Items
Members were asked for ideas they would like the committee to discuss in the future. The following topics were brought forward: Recess Rocks, professional development for health educators on standard based education, mental health and meditation for students and staff, parental involvement in suicide prevention trainings, mentoring programs and VAASA (Varsity Athletes Above Substance Abuse).
9. Other
The next meeting will be in late March or early April.

10. Adjournment

S. Ljungberg made a motion to adjourn at 5:23 pm, seconded by J.Perrin. The motion passed unanimously.

Respectfully submitted,

A handwritten signature in blue ink that reads "Diane Chiaradio Bowdy". The signature is written in a cursive, flowing style.

Diane Chiaradio Bowdy, Chair
Health & Wellness Subcommittee