

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
Tuesday, September 28, 2021
4:30 PM

Join Zoom Meeting
<https://us02web.zoom.us/j/89791796018>

Minutes

1. Call to Order

D. Bowdy called the meeting to order at 4:35 p.m. Present in addition to D. Bowdy were A. Storey, M. Chicas, S. Ljunberg, C. Santilli, A. Doescher, M. Scialabba, C. Speranza, K. Wetherill and M. Herard.

2. Approval of Minutes from 5-25-21

S. Ljunberg made a motion to approve the minutes, seconded by M. Scialabba. The motion passed with a unanimous vote.

3. RI Farm to School Promo Kit pilot

K. Wetherill explained the concept of Farm to School and reviewed all kit materials.

4. Public Comment

No one came forward.

5. Food Service Report

M. Herard expressed the struggles she's experienced this year such as challenges with supply chain and being short staffed. She explained they are now working under the Seamless Summer program and all meal components have to follow national requirements. Discussion ensued.

6. Westerly Prevention and Wellness Partnership Report

A. Iadevaia submitted a report that D. Bowdy read aloud.

7. Old Business

None

8. New Business

a. School lunch times

D. Bowdy explained that the School Committee received complaints about the district's lunch times being too short. To date, all schools have increased their lunch times from 20 minutes to 25 minutes. Discussion ensued.

- b. Review of RI Health Education framework
 - A. Storey discussed the framework and the seven standards that coincide with the framework. K. Wetherill noted that the standards are being reviewed and updated.
- c. Project AWARE Grant
 - A. Storey reviewed aspects of the Project AWARE (Advancing Wellness and Resiliency in Education) grant. Discussion ensued.

9. Future Agenda Items

- a. Mental health support
- b. Homelessness and lack of affordable housing

10. Other

- A. Storey reported that the district has not been able to host the annual Attack the Track event due to COVID. We are in the process of brainstorming ways we could adapt the event to align with COVID protocols.

Next meeting – November 9, 2021

11. Adjournment

- A. Storey made a motion to adjourn at 5:56 pm, seconded by M. Chicas. The motion passed unanimously

Respectfully submitted,



Diane Chiaradio Bowdy, Chair
Health & Wellness Subcommittee